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## The Problem with Turmeric

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Christine O'Brien

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## The Problem with Turmeric



Turmeric (and specifically the active component curcumin) is one of the most powerful spices on the planet!

The medicinal benefits of turmeric and curcumin have been the subject of over 5600 biomedical studies.

But why should you bother taking turmeric with curcumin daily?

For several reasons like:

### **Helps Maintain a Healthy Inflammatory Response**

Studies confirm Turmeric is a powerful antioxidant. Turmeric lowers the levels of two enzymes in the body that cause inflammation (1)

### **Helps Protect Brain Cells**

Turmeric binds to and dissolves abnormal proteins in the brain, helping to protect them from damage. It reduces one of the main factors of memory loss... Brain plaque (2)

### **Aids in the Support of Healthy Cardiovascular Function**

It may support your heart by saving it from the damaging effects of inflammation. (3)

### **Enhances Detoxification**

Turmeric stimulates your liver enhancing its ability to detoxify your body from toxins, metals, heavy metals and other toxins clogging up your system. (4)

### **Promotes Radiant Skin**

Research shows that turmeric inhibits a key enzyme (elastase) that reduces the ability of elastin from forming. Elastin, along with collagen, is a protein needed for making the skin smooth and pliable. (5)

And it does so much more... Turmeric is Powerful!

The problem is... in spite of all of turmeric's health benefits, it has one major drawback...

Turmeric is VERY difficult for our bodies to absorb.

**The truth is that most turmeric users are getting only 3-4% of the healing benefits of this powerful spice.**

Until recently, this problem was a difficult one to overcome (unless you were willing to eat a massive quantity of raw turmeric root cooked in healthy fat).

Luckily, there's now a better way to ensure you're receiving all the benefits that turmeric has to offer

### **New "deliverability system" enhances the Power of Turmeric 185 times**

For decades, researchers have tried to develop a "delivery system" that allowed for increased bioavailability of nutrients -- and they've finally just about perfected it. It's making big waves because of its incredible effectiveness and increasing ease of access.

### **Breakthrough solution in turmeric absorption: "Micelle Liposomal" Delivery**

Liquid micelles combined with Liposomes have been proven by studies to provide 185x BETTER bioavailability of turmeric and curcumin. (6)

There's no better way to say it... this turmeric is mind-blowing!

**>> 185 times more absorbable than turmeric in it's natural form**

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