
how to negotiate with heart 💕🤝

1 message

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Hey Derek,

Does the thought of negotiating make you squirm?

You're not alone.

But, the fastest way to get what you want is still to ASK. FOR. IT. Your vendors, bosses, coworkers, friends, partners... they can't read your mind. If you want a raise, promotion, or more flexibility, you have to speak up for what you want.

When today's guest, negotiation expert Alexandra Carter, told me that women have to work an extra 8 years to financially catch up with men simply because they don't ask... I just about cried. 🤔

The good news is, you can get more of what you want without manipulation or slimy tactics.

[Click here to watch and learn how.](#)



Derek, asking for what you want is **not** selfish. As Alex so wisely said, "When you teach someone how to value you, you teach them how to value all of us."

With SO much love, 💕

Marie

P.S. To practice what I preach in this episode, I'll ask you to head over to [Spotify](#) or [Apple Podcasts](#) and subscribe to The Marie Forleo Podcast :) We've got some fabulous interviews lined up for you over there.